

aocoohns.org

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The AOCOO-HNSF is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The AOCOO-HNSF designates this program for a maximum of 20 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.



# **ANNUAL CLINICAL ASSEMBLY**



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of Georgia through the joint providership of Southern Alliance for Physician Specialties CME and American Osteopathic Colleges of Ophthalmology and Otolaryngology- Head and Neck Surgery. The Southern Alliance for Physician Specialties CME is accredited by the Medical Association of Georgia to provide continuing medical education for physicians.

The Southern Alliance for Physician Specialties CME designates this live activity for a maximum of 20 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# **KEYNOTE SPEAKER HIGHLIGHT**



#### About Albert L. Merati

Albert Merati, M.D., is a surgeon and chief of Laryngology at UW Medicine's Head and Neck Surgery Center.

Dr. Merati believes the secret to caring for the patient is caring about the patient. He has a long association with UW Medical Center, and actually had his tonsils removed at the UW as a child.

Dr. Merati earned his M.D. at the UW. He has clinical expertise in office-based and operative laryngology, including complex airway, voice and swallowing. This includes vocal fold paralysis, surgery for dysphagia/aspiration (including Zenker's), and endo-scopic and open surgery for airway stenosis and laryngeal cancer.

Dr. Merati's research has related to the better understanding the dominant clinical issues facing patients, including diagnostic testing and treatment of vocal fold paralysis, surgical management of airway stenosis, the impact of reflux on laryngeal disorders and tracheotomy complications.

#### **Personal Interests**

In his free time Dr. Merati enjoys spending time with his three favorite people in the world, his wife Jenny, his little dude Solomon (born 2009) and their youngest, Rose (born 2013).

#### **Education and Training**

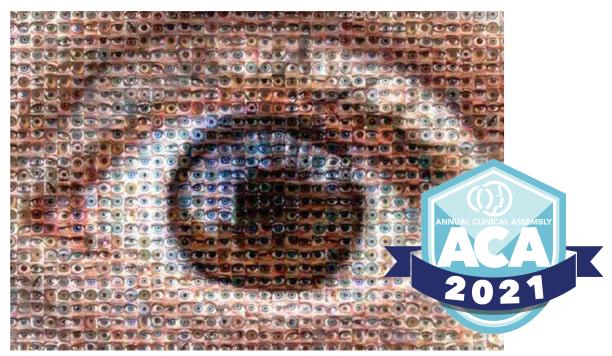
Univ. of Washington, School of Medicine Medical education, 1991 Vanderbilt University School of Medicine Fellowship, Laryngology and Care of the Professional Voice Univ. of California, San Diego Fellowship Univ. of California, San Diego Residency, Otolaryngology Univ. of Calif., San Diego Internship, General Surgery Board Certifications Otolaryngology, 1998, American Board of Otolaryngology



## **OPHTHALMOLOGY** Friday, April 30, 2021

#### 2:00 pm- 6:00 pm EST/EDT

2:00 pm-3:00 pm EST/EDT	Keynote Address Albert L. Merati, MD
3:00 pm-3:45 pm EST/EDT	Corneal Considerations in Cataract Surgery Will Sawyer, DO
3:45 pm- 4:35 pm EST/EDT	SMILE (Small Incision Lenticule Extraction) Will Sawyer, DO
4:35 pm- 4:45 pm EST/EDT	Break
4:45 pm- 5:25 pm EST/EDT	Neurotrophic Keratitis Sumitra S. Khandelwal, MD
5:25 pm- 6:00 pm EST/EDT	Q & A Live With Speakers- Ophthalmology Moderator: Brandt Riley, DO



# **OTOLARYNGOLOGY** Friday, April 30, 2021

#### 2:00 pm- 6:00 pm EST/EDT

2:00pm-3:00pm EST/EDT	Keynote Address Albert L. Merati, MD
3:00 pm- 3:50 pm EST/EDT	Management of Irritable Larynx Syndrome Using Tradi- tional, Behavioral and Innovative Methods Liza Blumenfeld, MA, CCC-SLP, BCS-S
3:50 pm- 4:35 pm EST/EDT	Novel Thyroid Interventions: Remote Access and Radiof- requency Ablation Jonathon Russell, MD, FACS
4:35 pm- 5:40 pm EST/EDT	Tracheotomy: Best Practices Libby J. Smith, DO
5:40 pm- 6:00 pm EST/EDT	Q & A Live With Speakers- Otolaryngology Moderator: Lyndsay Madden, DO



#### **OPHTHALMOLOGY** Saturday, May 1, 2021

#### 9:00 am- 6:00 pm EST/EDT

9:00 am- 9:45 am EST/EDT	Live Full Body Workout
10:00 am- 10:20 am EST/EDT	Ophthalmic Ergonomics: We've got your back and neck! Michael Snyder, MD
10:20 am- 10:40 am EST/EDT	Complex Cataract Cases Michael Snyder, MD
10:40 am- 11:20 am EST/EDT	Custom Iris: Prerequisites and Cases Michael Snyder, MD
11:20 am- 12:05 am EST/EDT	Zonulopathy Michael Snyder, MD
12:05 pm- 12:30 pm EST/EDT	Q & A Live With Speakers- Ophthalmology Moderator: Patrick Spencer,DO
12:30 pm- 12:45 pm EST/EDT	Break
12:45 am- 1:15 pm EST/EDT	Review of Uveitis Jesia Hasan, MD
1:15 pm - 1:45 pm EST/EDT	Common Uveitis Questions Answered David Valent, DO
1:45 pm- 2:00 pm EST/EDT	Break
2:00pm- 2:30pm EST/EDT	Uveitis Diagnosis not to Miss Padmini Kaushal, MD
2:30 pm- 3:00 pm EST/EDT	Q & A Live With Speakers- Ophthalmology
3:00 pm- 5:00 pm EST/EDT	Moderator: Patrick Spencer,DO Combined Business Meeting/ Swearing in New President/ Award Ceremony

Poster Competition

5:00 pm- 6:00 pm EST/EDT



\*Agenda subject to change.



# OTOLARYNGOLOGY

#### Saturday, May 1, 2021

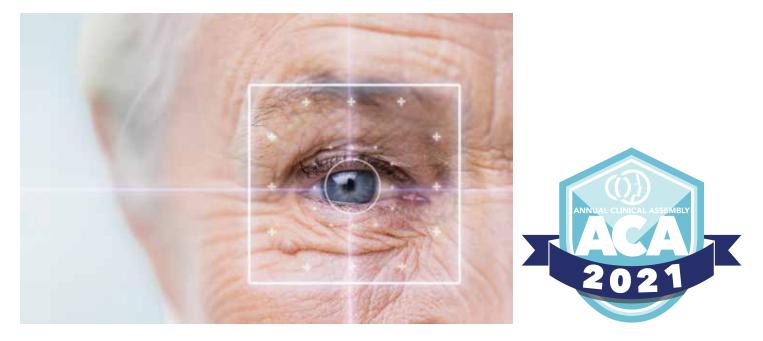
#### 9:00 am- 6:00 pm EST/EDT

9:00 am- 9:45 am EST/EDT	Live Full Body Workout
10:00 am- 10:30 am EST/EDT	Central Compartment Atopic Disease: New Views on an Old Problem Ian Humphreys, DO
10:30 am - 11:00 am EST/EDT	Olfaction in the Era of COVID-19 Carol Yan, MD
11:00 am - 11:30 am EST/EDT	Refractory Rhinitis: Updates in Evaluation and Manage- ment Devin Mistry, DO
11:30 am - 12:00 am EST/EDT	Aspirin-Exacerbated Respiratory Disease: Current Man- agement and Future Directions Waleed Abuzeid, MD
12:00 pm- 12:30 pm EST/EDT	Q & A Live With Speakers- Otolaryngology Moderator: Ian Humphreys, DO
12:30 pm - 1:15 pm EST/EDT	Nasal Tip Contouring - My Preferred Techniques Over Anthony Corrado, DO The Last Decade
1:15 pm - 1:30 pm EST/EDT	BREAK
1:15 pm - 1:30 pm EST/EDT 1:30 pm - 2:10 pm EST/EDT	BREAK Nanofat Grafting: Stem Cells and Their Use in Cosmetic and Facial Plastic Surgery Charles Guy, DO
	Nanofat Grafting: Stem Cells and Their Use in Cosmetic and Facial Plastic Surgery
1:30 pm - 2:10 pm EST/EDT	Nanofat Grafting: Stem Cells and Their Use in Cosmetic and Facial Plastic Surgery Charles Guy, DO Combining Submentoplasty with the Horizontal Neck Lift in Selected Patients Chris Kieliszak, DO Q & A Live With Speakers- Otolaryngology
1:30 pm - 2:10 pm EST/EDT 2:10 pm - 2:40 pm EST/EDT	Nanofat Grafting: Stem Cells and Their Use in Cosmetic and Facial Plastic Surgery Charles Guy, DO Combining Submentoplasty with the Horizontal Neck Lift in Selected Patients Chris Kieliszak, DO Q & A Live With Speakers-

### **OPHTHALMOLOGY** Sunday, May 2, 2021

#### 10:00 am- 12:30 pm EST/EDT

10:00 am- 10:50am EST/EDT	What Potentially Keeps Retina Specialists Up at Night Michael Singer, MD
10:50 am- 11:00 am EST/EDT	Break
11:00 am- 11:55 am EST/EDT	Managing Ophthalmic Aspects of Facial Nerve Palsy Elizabeth Bradley, MD (Mayo, MN)
11:55 am- 12:00 pm EST/EDT	Break
12:00 pm- 12:30 pm EST/EDT	<b>Q &amp; A Live With Speakers- Ophthalmology</b> Moderator: Arwen Christian, DO



# OTOLARYNGOLOGY

#### Sunday, May 2, 2021

#### 10:00 am- 12:30 pm EST/EDT

10:00 am - 10:25 am EST/EDT	Pain Management After Tonsillectomy Nathan Vandjelovic, DO
10:25 am - 10:30 am EST/EDT	Break
10:30 am- 11:00 am EST/EDT	22q11 Considerations in Otolaryngology Sweeti Shah, DO
11:00 am- 11:30 am EST/EDT	Cochlear Implants; Expanded Candidacy and Hearing Preservation Wayne Robbins, DO
11: <i>30</i> am- 12:00 pm EST/EDT	Cochlear Implantation in Single Sided Deafness Eric Wilkinson, MD
12:00 pm-12:30 pm EST/EDT	<b>Q &amp; A Live With Speakers- Otolaryngology</b> Moderator: Carissa Wentland, DO Michael Foster, DO







\*These on demand pre-recorded lectures will be available all three days of the event to be viewed at your convenience.

# **OPHTHALMOLOGY**

Eyelid and Periocular Malignancies and Reconstruction- Lawrence Handler, MD Secrets a Retina Surgeon Can Share with an Anterior Surgeon- Eric Romriell, DO Pandemic Effects on Pediatric Eyes- Ann Ranelle, DO Artificial Intelligence in Ophthalmology- Michael Singer, MD Minimally Invasive Eyelid and Mid-Facial Aesthetic Surgery- Ivan Vrcek, MD Case Based Approach to Tearing Patients- John Siddens, DO Update on Partial Thickness Corneal Transplants- Sumitra S. Khandelwal, MD My Current Filter - XenEx- Kent Bashford, DO Sustained Release and Compounded Eye Drops- Steve Sarkisian, MD Why I don't do Trabs Anymore- Steve Sarkisian, MD Glaucoma and Cataract Surgery - MIGS- Kent Bashford, DO Periocular Aspects of Face Transplantation Surgery- Elizabeth Bradley, MD Trends in Penetrating Keratoplasty-Sumitra S. Khandelwal, MD Introduction to Optic Neuritis- John J. Chen, MD, PhD Covid and Glaucoma Care- Kristin Reidy, DO and Lukas Kerr

# **OTOLARYNGOLOGY**

Vocal Fold Paralysis: What Have I Learned in 20 Years of Practice?- Albert L. Merati, MD Change in the face of the pandemic and the impact of social media- Monica Kieu, DO Pediatric Deep Neck Space Abscesses: Literature Update- Carissa Wentland, DO Enlarged Vestibular Aqueduct- Todd Otteson, MD Techniques for Tinnitus and Hyperacusis Treatment- Andrew Kibelbek, AuD What is Meniere's Disease?- James Prueter, DO Management of the Difficult Mastoid Cavity- Sarah Mowry, MD Management of Oropharyngeal Cancer: Can We De-Escalate Dysphagia Update: a surgeon's guide to Diagnosis and Treatment- Daniel Cates, MD Controversies in Cervical Lymphadenopathy- Tammy Wang, MD Pediatric Obstructive Sleep Apnea: Beyond T&A- Namrata Varma, DO



\*This competition will be pre-recorded on demand and will be available all three days of the event to be viewed at your convenience. Make sure to vote on the ACA events page!



# **RESEARCH PAPER COMPETITION**



\*View research paper winners on the event site.

# SLEEP

# Improving Lives, One Airway at a Time



LET'S





Suture around the hyoid-EASY!

- Simple to perform and covered by payers
- Effective as standalone or in conjunction with multi-level intervention





 Highly complementary part of a comprehensive sleep program

FDA cleared for snoring & OSA

#### Optimize your OSA outcomes by tailoring treatment to the anatomy

**Airway Opened &** 

Stabilized



SleepSource Your Source for Sleep **1-866-720-8080** www.sleepsource.us





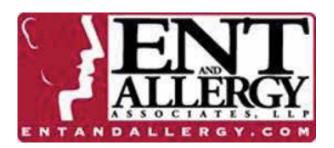
# EVENT EXHIBITORS



EDGE pharma



Your Partner in Growing Allergy Immunotherapy





# el vour story.

Do you want your article to be featured in the quarterly Scope Magazine newsletter?

# **GET PUBLISHED!** Scope | Summer 2021 Submission Deadline June 1, 2021

Please send submission to: gerald@aocoohns.org or mackenzie@aocoohns.org

#### DISCLOSURE OF FINANCIAL RELATIONSHIPS

The American Osteopathic Colleges of Ophthalmology & Otolaryngology-Head & Neck Surgery Foundation (AOCOO-HNSF) controls the planning, development and delivery of this CME activity and will strictly adhere to the Standards for Commercial Support established by the American Osteopathic Association (AOA). In Accordance with these Standards, the following decisions will be made free of the controls of a commercial intros: identification of CME needs, determination of educational objectives, selection and presentation of content, selection of all persons and organizations that will be in position to content, selection of educational methods, and evaluation of the CME activity.

All individuals in a position to influence and/or control the content of AOCOO-HNSF CME activities are required to disclose to the AOCOO-HNSF and subsequently to learners that the individual has no relevant financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in CME activities.

Listed below are the disclosures provided by individuals in a position to influence and/or control CME activity content. Please note that any individuals not listed on the grid below have reported that neither they nor any member of their immediate family have a financial relationship or interest (currently or within the past 12 months) with any entity producing, marketing, re-selling, or distributing health-care goods or services consumed by, or used on, patients; nor do they intend to discuss an unapproved/investigative use of a commercial product/device.

Shant Korkigian- ALK Pharmaceuticals Commercial Advisory Board

Leanne Labriola- InnSight Technology, Inc, NSF, Quidel, InnSight Technology and Visionaire Products, Investigator for Allergan, Regeneron, Novartis

Richard Chu- Alcon, Bausch and Lomb

Kent Bashford- Ivantis, Glaukos

Michael Singer- Genentech, Allergan Regeneron , Novartis

Jesia Hasan- Bayer, Lucentis

Steven Sarkisian, Jr.- Alcon Laboratories, Inc., Allergan, Bausch + Lomb, Beaver- Visitec Internationals, Inc, Glaukos Corporation, Katena Products, Ocular Science, Omeros, Santen, Inc., Sight Science

Liza Blumenfeld-

Jon Russell- Baxter Scientific

Uma Dhuvuri- Activ Surgical, Medrobotics

Michael E. Snyder, MD, HumanOptics, Humanoptics, W. L. Gore, Haag Streit, Alcon, Johnson & Johnson, Glaukos, VEO Ophthalmics

# HOW TO OBTAIN CME CREDIT

Online CME attestation is quick and easy.

- Go to accoohns.org/events and click on the 2021 ACA.
- Complete the event evaluation form and CME attestation form.
- Download your available CME Certificates under Account->Certificates.

\*Attestation is only available after the event ends











# **EVENT ACTIVITES**

#### Live Full Body Workout

Saturday, May 1, 2021 9:00 am- 9:45 am EST/EDT

Join us for a 30 minute full body workout! Whether you're new to exercise, or a seasoned pro, this will get your blood pumping, and calories burning! Weights or resistance bands are optional. No weights, no problem! Grab whatever you have lying around the house, or use nothing at all. Workout brought to you by ISSA certified trainer, Jennifer McClish.

# EDGE <mark>pharma</mark>

#### 2021 ACA GooseChase Scavenger Hunt

#### April 30- May 2, 2021

We will be hosting a Scavenger Hunt during our 2021 ACA. You will need to download the goose chase app and follow directions from there (App download instructions on the next two pages). There will be a prize at the end of ACA!



SleepSource

#### Social Media Trivia

April 19- April 29th, 2021

Join us for our social media trivia event to take place April 19- April 29th, 2021. All you need to do is follow our facebook page and instagram, check each day for trivia questions and answer them the best you can. The participant with the most interaction at the end of the 10 days will receive a prize. **Follow Us @aocoohns** 





#### POWERFUL. PREDICTABLE. PROVEN.

Get started with micro-invasive glaucoma surgery using iStent *inject* W today. Contact your local Glaukos rep for more information.



INDICATION FOR USE. The iStent spect\* W Trabecular Micro-Oppeas System Model G2-W is indicated for use in conjunction with cataract surgery for the reduction of intraooular pressure (IOP) in adult patients with mild to moderate primery open-angle glaucoma. CONTRAINDICATIONS. The Stent spect W is contraindicated in eyes with angle-closure glaucoma, traumatic, malignant, uverinc, or neovascular glaucoma, discemble congenital anomalies of the anterior chamber (AC) angle, retrobubar tumor, thyroid eye disease, or Starge-Weber Syndrome or any other type of condition that may cause elevated episcleral venous pressure. WRANNIESS, Conioscopy should be performed prior to aurgery to exclude congenital anomalies of the angle, P45, rubecois, or conditions that would prohibit adequate visualization of the angle that could lead to improper placement of the start and pouse a hazard. WRI INFORMATIONS. The Start spectric MR environment under specified conditions, please are Directions for Use (OPU) label for details. PRECAUTIONS. The surgeon should monitor the patient postperatively for proper maintenance of IOP. The safety and effectiveness of the Start spect W have not been established as an alternative to the primery trastment of glaucoma associated with vascular disorders, paseudoeffoliative, pigmentary or other econdary upen-angle glaucoma aurgery (except SU performed > 90 days preoperative), glaucoma associated with vascular disorders, paseudoeffoliative, pigmentary or other econdary upen-angle glaucomas aurgery (except SU performed > 90 days preoperative), glaucoma associated with vascular disorders, aurgery only), escondary aurgical intervention (5.4% vs. 5.0%) and BCMA loss ≥ 2 lines ≥ 3 menths (2.6% vs. 4.2%). CAUTION: Federal low adverse events.

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# EDGE PHARMACY HOLDINGS

**Allergy supplies for clinics** 

Edge Pharmacy Holdings comprises several companies addressing different needs of healthcare providers. Our companies address the needs of healthcare providers in Allergy, Ophthalmology, and Otolaryngology! Please visit each company's website for more detailed information.



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#### Or CALL 877.580.3343

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INDICATION FOR USE. The iStent inject<sup>4</sup> W Trabecular Micro-Dypens System Wodel G2-W is indicated for use in conjunction with cataract surgery for the reduction of intraoular pressure (IOP) in duk patients with mild to moderate primary open-angle glaucoma. CONTRAINDICATIONS. The Stent inject W is contraindicated in eyes with angle-cloaure glaucoma, traumatic, malgrant, usefic, or neuroscular glaucoma, discernible congenital anomalies of the anterior chamber (AC) angle, retrobubar tumor, thyroid eye disease, or Starge-Weber Syndrome or any other type of condition that may cause elevated episoderal whose pressure. WAR MINGS. Gonisscopy should be performed prior to surgery to exclude congenital anomalies of the angle (b, N, nibecsis, or condition that may cause elevated visualization of the angle that could lead to improper placement of the start and pous a hazard. MRI INFORMATION. The Stent inject W is MR-Conditional i.e., the device is aster for use in a specified MR environment under specified conditions; plassa are Directions for Use (DRU) liabel for details. PRECAUTORS, The surgers should monitor the patient points and proper maintenance of KP. The safety and effectiveness of the Stent inject W have not been established as an alternative to the primary treatment of glaucoma with medications, in children, in eyes with significant prior trauma, shormal anterior engined conditions, peeudophakic eyes withat concomitant caterarct surgery on with complexed staract aurgery, eyes with the Start inject if anomalies of CP > 24 mmHg or unnelicated XP = 36 mmHg, or > 36 mmHg, or > 36 mmHg, or so for implantation of mice or less than two starts. ADVERSE EVENTS, Common protoperative events reported in the indicated start obstruction (5.2%), introduces inflammation for Key was that even a set is start indicated the exact aurgery, eyes with the follow indicated to P > 24 mmHg or unnelicated XP = 2 mmHg or > 36 mmHg, or to implantation of more or less than two starts. ADVERSE EVENTS, Common protoperative events reported in th

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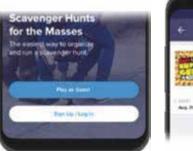


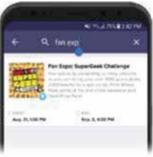
**1.** Download the GooseChase Android or iPhone app.

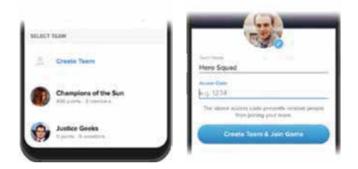




- 2. Choose to play as a guest; or register for a personal account with an email, username, and password of your choice.
- 3. Tap the search icon and enter th 2021 ACA
- 4. If you're playing as part of a team, create your team or select your team from the list if it's already been created. If you're playing individually, enter your player name or select your player profile if it's already been created.
- 5. Once in the game, you'll be presented with the missions you or your team are attempting to complete. Mission types can include Photo/Video, Text or GPS check in. To complete a mission, select it from the list and hit the "Snap Evidence" button.











6. Make sure you're completing missions accurately! (e.g. "take a picture with a zebra" means take a picture with a real zebra, not next to a zebra on a computer screen)

> Your game organizer can deduct points from your team if your submission falls short.

Bonus points can also be awarded to missions accomplished in extraordinary fashion!

- 7. Using the navigation tabs, you can keep track of how you are doing via the activity feed and the leaderboard, see notifications from the game organizer or review (and resubmit) your previous submissions.
- 8. Most importantly, Have fun! Get really creative, interact with your fellow players and organizers and don't be shy!

