

Quarterly Report

AOCO,
AOCO-HNS &
Foundation, Inc.

American Osteopathic Colleges of Ophthalmology and Otolaryngology-Head and Neck Surgery - Summer 2009, Vol. 44, No. 4

Make plans to attend the Mid-Year Seminar

Being held at the Westin Detroit Metropolitan Airport Hotel in Detroit, Michigan on Saturday and Sunday, September 12th and 13th.

If you register before July 1st, you'll spend \$345.00; between July 11th-21st, \$375.00; after July 22nd, \$405.00; and after August 5th, \$435.00.

CALL THE AOCOO-HNS OFFICE AT 800-455-9404, AND WE'LL REGISTER YOU OVER THE PHONE . . . HAVE YOUR CREDIT CARD AVAILABLE! The educational program and outline of speakers will be available July 1st. Go to www.aocoohns.org and click on meetings.

CME Credits: The AOCOO-HNS Foundation designates this educational program as a 1A CME opportunity offering up to 14 hours in ophthalmology and otolaryngology-head and neck surgery.

BOOK YOUR ROOM AT THE WESTIN DETROIT METROPOLITAN AIRPORT HOTEL EARLY: Call 1-734-942-6500. Rates per night are \$169/single or double. Reservations must be made by Monday, August 17, 2009. After this date, the AOCOO-HNS Foundation cannot guarantee a room at this meeting rate.

The Westin Detroit Metropolitan Airport Hotel, located in the new world-class McNamara Terminal, offers a private security entrance, the latest in technology, and Detroit's most stylish and comfortable surroundings—a place where you can actually relax while you travel and attend the 2009 Mid-Year Seminar of the AOCOO-HNS Foundation.

*September
12th-13th, 2009*

MARK YOUR CALENDAR

Resident Research Forum

The AOCOO-HNS is pleased to offer a Resident Research Forum to be held on Saturday evening, September 12th, 2009 during the Mid-Year Seminar at the Westin Detroit Metropolitan Airport Hotel.

The purpose of this Forum is to facilitate open discussion and exchange of ideas regarding retrospective, prospective or anatomical research and the creation of quality research projects and professional papers. The goal is to provide residents with a forum in which to share ideas and help each other improve their research and paper writing techniques.

The Forum will begin at 5:00 p.m. There will be no charge to Residents, Interns and Medical Students.

Resident Travel Grant Application Forms for participating in the Mid-Year Seminar on Saturday and Sunday are available by going to www.aocoohns.org, click on your specialty, then click on "Resident".



Sidney K. Simonian, DO

2009-2010 Officers and Members of the AOCOO-HNS Board of Governors

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The *AOCOO-HNS Quarterly Report* is published quarterly by the American Osteopathic Colleges of Ophthalmology and Otolaryngology-Head and Neck Surgery, 4764 Fishburg Road, Suite F, Huber Heights, OH 45424, (937) 233-5653 or (800) 455-9404, FAX (937) 233-5673. Send email correspondence to: aocooahns@aol.com. The AOCOO-HNS website is located at: www.aocooahns.org.

Views and opinions expressed in the *AOCOO-HNS Quarterly Report* are not necessarily endorsed by the American Osteopathic Colleges of Ophthalmology and Otolaryngology-Head and Neck Surgery.

Quarterly Report Schedule

SUMMER: copy deadline May 15th
mailing June 15th
FALL: copy deadline August 15th
mailing September 15th
WINTER: copy deadline November 15th
mailing December 15th
SPRING: copy deadline February 15th

goal is to better provide our membership with current clinical knowledge for every day use.

- At the recent ACA, the Foundation Board met with a representative of the Deaf-Blind Organization in Texas, to explore the possibility of partnering with the National Coalition of the Deaf-Blind in a charitable endeavor. Much more work will need to be done before we have a reasonable proposal for our membership, but the initial contact was very encouraging. I hope to see this project, originated by Past President Shoib Myint, come to fruition in the next one to two years.

- Advocacy is more important than ever to our profession. Our members directly involved with advocacy, Drs. Paul Imber and David Gossage, work tirelessly to keep us informed. Please read their articles and reports, and also please respond to the various PACs and Surgical Scope Fund. As Dr. Wayne Bizer is so fond of saying, "If you aren't at the table, you'll be on the menu."

My duty to form and fill the various working committees of the Colleges gives me an opportunity to encourage the women of our membership to make a contribution. Our female membership is beginning to reflect the increasing number of women in medicine in general, but until now, female involvement in our Colleges has been sparse. I am extending an invitation to all women in our Colleges to contact me about how to become more involved.

Over this upcoming year, I hope to report on the progress of these endeavors. I am also hoping for your input, either directly or through your Regional Representative.

Sincerely, Sidney Kay Simonian, DO
248-547-6656
Fax: 248-547-5407
Email: sksimonian@comcast.net

"I am both humbled and elated to serve as your new president", quoted from my acceptance speech, May 9, 2009, at the Hyatt Regency Lost Pines Resort. This year's ACA was a record-breaker in attendance, and certainly one of the most interesting venues. The variety of educational and recreational experiences was Texas-Big.



AOA Past President Phillip L. Shettle, DO (left to right) and wife Suzie congratulating 2009-2010 AOCOO-HNS President Sidney K. Simonian, DO and husband Michael Rubin, DO.

Now, it's time to get down to the work of the presidency. During this year, I have several goals and projects to which I will devote my energies.

- There is talk in Washington about removing the caps on residency slots. If/when this occurs, we must be ready to act. Any members who are in a position to train our medical school graduates in ophthalmology or otolaryngology are urged to seriously think about it. Contact the College Office for further information.

- The newly defined Educational Committees of the Colleges will be working closely with the Educational Needs Review Committee (ENRC) to provide material for our upcoming membership programs. The



A proud family attends the 2009 ACA Banquet and Induction of Sidney K. Simonian, DO. Left to right: Simon Rubin, Lindsay Rubin and friend James, Sidney Simonian, DO, Michael Rubin, DO, Jennifer Rubin, DO, Vinay Kwatra, DO, Matt Rubin and Indy Kwatra (front).

EXECUTIVE VP REPORT

Alvin D. Dubin, DO



The timing is perfect to discuss with you activities of our College. Our meetings, still important events, are now highlights of ongoing activities that are truly of major significance to our College, and

to all of you, as members. As most of you already know, our ACA in Austin, Texas, afforded the attendees a new location for a wonderful "get together" for the AOCOO-HNS yearly activities. In addition, the registration numbers continue to be of record proportions—468. Sidney K. Simonian, DO's induction as President, was an exciting event, and her State Society, Hospital Staffs, Michigan State School of Osteopathic Medicine, and the State of Michigan, all paid deserved tribute to her contributions to the profession - truly she has the support of our College during her year of leadership.

Now to discuss some of the ongoing activities of the College. Osteopathic Continuous Certification (OCC) is an issue of paramount importance to all of us. The Bureau of Osteopathic Specialists (BOS) wants all Certifying Boards to make their implementation plans by April 2010. The AOA expects the Specialty Colleges and the Certifying Boards to work out many issues involving this process, including the requirements of giving 30-50 specialty credit hours per cycle. These topics are a serious undertaking and require integrated efforts of the AOA, Bureaus, Committees, Specialty Colleges, Certifying Boards, all reviewing issues individually, and then with their counterparts in each specialty, and eventually working within the framework of the AOA. Only after all of the above will the successful implementation of OCC be possible.

This requires the tireless efforts of your Leadership ranks in the College and our Certifying Board. Most all of our Committees are composed of physicians in Clinical Practice. They volunteer their time and efforts in order to accomplish these and many other tasks. (I would also like to add that, in all my years of working through the AOA Committee structure as Chair of the COPT and eventually the Bureau of Osteopathic Education, we worked hard to effect a strong positive relationship between College and Certification Boards.) Today, working together as a team, where and when necessary, we are doing the best for all concerned. These endeavors need and demand the support of all parties. Students, Residents, Fellows, Members in clinical practice, and research Physicians.

Recertification, OCC, these issues are facts; the support needed to implement these measures, from developing a task force analysis, a cadre of test bank writers, College Education Committee Members, Quality CME Programs, to name just a few of the participants necessary to achieve these aims for all of our Members, is a must.

A lot of work with a quality product is the goal of our Profession. We, and the public, deserve no less.

2009 AWARD RECIPIENTS

Presidential Resident Recognition

Awarded by the President of the Colleges in recognition of professional achievement or other valuable service performed on behalf of the Residency Training Programs and College Board.

Ophthalmology

Maria Donna Qahwash, DO

Otolaryngology

Charles W. Guy II, DO

Presidential Achievement

Awarded by the President of the College in recognition of noteworthy professional achievement or other valuable service performed on behalf of the Colleges or Board of Examiners.

Ophthalmology

Sirtaz S. Sibia, DO

Daryl J. Zelenak, DO

Otolaryngology/Facial Plastic Surgery

Paul E. Burk, DO

Libby J. Smith, DO

B. Mark Welch, DO

Distinguished Service Bestowed by the Board of Governors for exceptionally meritorious service in a position of major responsibility in the Colleges or the Board of Examiners.

Otolaryngology

Peter M. Schmid, DO

Special Board of Governors

Bestowed by the Board of Governors to members of the Colleges who have distinguished themselves by exceptionally meritorious service to the Colleges in a series of duties of great responsibility.

Ophthalmology

Glen Hatcher Jr., DO

Sidney K. Simonian, DO

2008 Fellows

Ophthalmology

- ◆ Jason M. Handza, DO, Grandview Hospital—2003, Certified 2004, Program Director Robert Peets, DO
- ◆ Thomas Andrew Perkowski, DO, Grandview Hospital—2003, Certified 2003, Program Director Robert Peets, DO
- ◆ Steven E. Solomon, DO, SUNY/Downstate Medical Center—1990, Certified 1995.
- ◆ Jason B. Wanner, DO, PCOM—2004, Certified 2005, Program Director Carlo DiMarco, DO

Otolaryngology/Facial Plastic Surgery

- ◆ Richard D. Allen, DO, Tulsa Regional Medical Center—2003, Certified 2004, Program Director Sammy Worrall, DO
- ◆ Salim Sadrudin Bhaloo, DO, St. John-Oakland General Hospital—2004, Certified 2005, Program Director Warren Brandes, DO
- ◆ Kelly Douglas Burchett, DO, Freeman Hospital and Health System—2004, Certified 2005, Program Director Larry McIntire, DO
- ◆ Sean Thomas Carroll, DO, Grandview Hospital—1998, Certified 2001, Program Director John Alway, DO
- ◆ Salvatore Cavaliere, DO, Pontiac Osteopathic Hospital—1995, Certified 2003, Program Director Robert Belf, DO
- ◆ Cecelia C. Damask, DO, Doctors Hospital—2004, Certified 2005, Program Director Robert Pema, DO
- ◆ Michael Alan Galin, DO, Botsford General Hospital—2003, Certified 2004, Program Director Christine Lepoudre, DO
- ◆ Kevin L. Gietzen, DO, Botsford General Hospital—2003, Certified 2004, Program Director Christine Lepoudre, DO
- ◆ Alan Cloy Jones, DO, Des Peres Hospital—2004, Certified 2005, Program Director Paul Burk, DO
- ◆ Kurt W. Kantzler, DO, Mount Clemens General Hospital—1999, Certified 2004, Program Director Michael Sherbin, DO
- ◆ Ryan E. Mitchell, DO, Pontiac Osteopathic Hospital—2003, Certified 2005, Program Director Gregory Roche, DO
- ◆ Tracy C. Orton, DO, Northeast Regional Medical Center—2003, Certified 2005, Program Director Mark Reader, DO
- ◆ Samir Surendra Pancholi, DO, Genesys Regional Medical Center—2004, Certified 2005, Program Director Wayne Robbins, DO
- ◆ Todd I. Parnes, DO, Union General Hospital—2000, Certified 2005, Program Director Richard Scharf, DO

- ◆ Steven C. Reschak, DO, Botsford General Hospital—2004, Certified 2005, Program Director Christine Lepoudre, DO
- ◆ Mark S. Robertson, DO, Tulsa Regional Medical Center—2003, Certified 2004, Program Director Sammy Worrall, DO
- ◆ James Jonathan Slater, DO, Doctors Hospital of Stark County—2003, Certified 2005, Program Director Richard Klapchar
- ◆ Libby J. Smith, DO, Grandview Hospital—2004, Certified 2005, Program Director Michael Helfferich, DO
- ◆ Charles J. Zeller IV, DO, Doctors Hospital—2003, Certified 2004, Program Director Robert Pema, DO

New Members

Ophthalmology

- ◆ Kenneth P. Adams, DO, PCOM—2007, Program Director Kenneth Heist, DO
- ◆ Julia Agapov, DO, Metropolitan Hospital—2006, Program Director Jeffrey Holtzman, DO
- ◆ Aurabind Balagani, DO, Midwestern University/CCOM—2007, Program Director Richard Multack, DO
- ◆ Eric S. Collier, DO, Pontiac Osteopathic Hospital Consortium—2008, Program Director Arlin French, DO
- ◆ Alexander Demidenko, DO, Genesys Regional Medical Center—2007, Program Director Robert Zendler II, DO
- ◆ Gary T. Gillham, DO, Genesys Regional Medical Center—2008, Program Director Robert Zendler II, DO
- ◆ Oleg Gorenburg, DO, St. John's Episcopal Hospital—2007, Program Director Steven Sherman, DO
- ◆ D. Reynell Harder Smith, DO, Doctors Hospital—2006, Program Director Jeffrey Hutchison, DO
- ◆ Coby L. Hartman, DO, PCOM—2006, Program Director Carlo DiMarco, DO and Kenneth Heist, DO
- ◆ Cindy Maria Hernandez, DO, St. John Oakland Hospital Consortium—2008, Program Director Sidney Simonian, DO
- ◆ Ayaz O. Khan, DO, St. John's Episcopal Hospital—2008, Program Director Steven Sherman, DO
- ◆ Carrie Ann Lembach, DO, Ohio State University—2008, Program Director Robert Chambers, DO
- ◆ Brian J. Mihok, DO, Grandview Hospital—2008, Program Director Robert Peets, DO
- ◆ Brandt M. Riley, DO, Grandview Hospital—2008, Program Director Robert Peets, DO
- ◆ Zornitza Vezenkov Toshkoff, DO, NYCOM/

Union General Hospital—2008, Program Director Richard Scharf, DO

- ◆ Richard N. Walker, DO, St. John's Episcopal Hospital—2007, Program Director Steven Sherman, DO
- ◆ Michael G. Wood, DO, Midwestern Univ./CCOM—2006, Program Director Richard Multack, DO

Otolaryngology/Facial Plastic Surgery

- ◆ Bernadette Accdan-Braze, DO, Mount Clemens General Hospital—2008, Program Director Michael Sherbin, DO
- ◆ Andrew M. Behler, DO, Metro Health Hospital—2008, Program Director Harold Hollander, DO
- ◆ Stephen D. Bovenkerk, DO, St. John Oakland Hospital—2008, Program Director Warren Brandes, DO
- ◆ Adan A. Fuentes, DO, Grandview Hospital—2008, Program Director Michael Helfferich, DO
- ◆ Dennis J. Kitsko, DO, Union General Hospital—2006, Program Director Richard Scharf, DO
- ◆ Ray Jonathan Lara, DO, Botsford General Hospital—2008, Program Director Christine Lepoudre, DO
- ◆ Ian M. Lonergan, DO, Grandview Hospital—2005, Program Director Michael Helfferich, DO
- ◆ Matthew B. Lutz, DO, Doctors Hospital of Stark County—2008, Program Director Richard Klapchar, DO
- ◆ Russell W. Mayes, DO, Pontiac Osteopathic Hospital—2008, Program Director Carl Shermetaro, DO
- ◆ Brian J. Mitchell, DO, Freeman-Oak Hill Health Systems—2007, Program Director Larry McIntire, DO
- ◆ Homan Mostafavi, DO, St. John-Oakland General Hospital—2007, Program Director Warren Brandes, DO
- ◆ Ninh Ham Nguyen, DO, Henry Ford Bi-County Community Hospital—2008, Program Director Donald Rochen, DO
- ◆ Justin W. Roberts, DO, Freeman-Oak Hill Health Systems—2008, Program Director Larry McIntire, DO
- ◆ Brent R. Rosen, DO, PCOM—2007, Program Director Mahmoud Ghaderi, DO
- ◆ Thomas S. Sellner, DO, Millcreek Community Hospital—2008, Program Director Kirk Steehler, DO
- ◆ Alexander W. Sobel, DO, Doctors Hospital—2007, Program Director Robert Pema, DO

- ◆ Thuong Hoai Trinh, DO, Doctors Hospital—2008, Program Director Robert Pema, DO
- ◆ Richard H. Woodland, DO, Des Peres Hospital—2008, Program Director Paul Burk, DO
- ◆ Ayman D. Yaish, DO, Genesys Regional Medical Center—2008, Program Director Ayman Yaish, DO

Special Thanks

2009 ACA Exhibitors

Abbott Medical Optics
 Acclarent, Inc.
 Alcon Laboratories, Inc.
 ALK-Abello, Inc.
 All-American Allergy Alternatives
 Allergan
 Allergy Laboratories, Inc.
 Allergychoices, Inc.
 Alletess Medical Laboratory, Inc.
 AllMeds, Inc.
 Anthony Products, Inc.
***ANTHONY PRODUCTS HAS CONTRIBUTED \$10,000.00 AS AN UNRESTRICTED EDUCATION GRANT TO THE AOCOO-HNS FOUNDATION, 2009.**
 ArthroCare ENT Corporation
 ASL Pharmacy—Sinus Science
 BD Medical—Ophthalmic Systems
 Carl Zeiss Meditec, Inc.
 Cochlear Americas
 E. C. Medical Products
 Ellman International, Ind.
 Elsevier: Saunders & Mosby
 Endure Medical, Inc.
 Gyrus ACMI ENT Division
 HUB Pharmaceuticals
 Hycor, Agilent Technologies, Inc. Division
 IRIDEX Corporation
 JEDMED Instrument Company
 Lifestyle Lift
 Lippincott, Williams & Wilkins
 Medafor, Inc.
 Medtronic Surgical Technologies
 Micromedics, Inc.
 MTI (Medical Technology Industries, Inc.)
 OASIS Medical, Inc.
 Optovue, Inc.
 QUEST Medical, Inc.
 Reliance Medical Products, Inc.
 Stryker
 Tulsa EyeCare Supplements
 Xoran Technologies, Inc.

SPECIAL THANKS TO...

Sirtaz S. Sibia, DO
 Ophthalmology Program Chairman

B. Mark Welch, DO
 Otolaryngology/Facial Plastic Surgery
 Program Chairman

2009 Resident Award Recipients

Patrick Murray Awards

Ophthalmology

- ◆ 1st place-Brian J. Mihok, DO, Grandview Hospital, Program Director Robert Peets, DO
- ◆ 2nd place-William J. Sawyer, DO, Grandview Hospital, Program Director Robert Peets, DO
- ◆ 3rd place-Jonathan D. Zahler, DO, PCOM, Program Director Kenneth Heist, DO

Otolaryngology/Facial Plastic Surgery

- ◆ 1st place-Justin Wade Roberts, DO, Freeman-Oak Hill Health Systems, Program Director Larry McIntire, DO
- ◆ 2nd place-Scott Michael McClintick, DO, Freeman-Oak Hill Health Systems, Program Director Larry McIntire, DO
- ◆ 3rd place-Ninh Ham Nguyen, DO, Henry Ford Bi-County, Program Director Donald Rothen, DO

Resident Paper Awards

Ophthalmology

- ◆ 1st Place-Leslie K. Norris, DO, "The Efficacy of Argon Laser Trabeculoplasty: A Comparison of a Resident and an Attending Physician," Hillsdale Community Health Center, Program Director David Gossage, DO
- ◆ 2nd Place-Emily E. Cook, DO, "Re-recession of Medial Rectus Muscles versus Resection of Lateral Rectus Muscles in Residual Esotropia," Millcreek Community Hospital, Program Director Carlo DiMarco, DO
- ◆ 3rd Place-Megan J. Cowsill, DO, "The Use of Subtenon Triamcinolone Acetonide for Diabetic Macular Edema," Pontiac Osteopathic Hospital Consortium, Program Director Arlin French, DO

Otolaryngology/Facial Plastic Surgery

- ◆ 1st Place-Mark David Noel, DO, "Bacterial Contamination of Computers Used in Exam Rooms of Outpatient Clinics," Genesys Regional Medical Center, Program Director Wayne Robbins, DO
- ◆ 2nd Place-John Patrick Hanna, DO, "Differences in Flexible and Rigid Endoscopy in Assessing the Poster Glottic Chink," PCOM, Program Director Mahmoud Ghaderi, DO
- ◆ 3rd Place-MaryFrances Musso, DO, "Oncocytic Carcinoma of Parotid Gland: Case Report and Review of the Literature," Metro Health Hospital,

Program Director Harold Hollander, DO

Resident Poster Awards

Ophthalmology

- ◆ 1st Place-Wayne Davis, Tracy Carter, Jordan Thomson, Clint Kellogg, Blake Isom, Brad Carter, Abraham Fish and Sam Wilson, "A Rare Case Demonstrating Progression of Hydroxychloroquine Retinopathy Post Cessation of Treatment," Edward Via Virginia College of Osteopathic Medicine
- ◆ 2nd Place-Nathan P. Reed, DO, "Acute Bilateral Vision Loss in a Case of Accelerated Hypertension," Metro Health Hospital, Program Director Jeffrey Holtzman, DO
- ◆ 3rd Place-Maleka Rahman, DO, "Conjunctival Papillomatous Conjunctival Growth and Elaborate on Management of This Pathology," St. John's Episcopal Hospital, Program Director Steven Sherman, DO

Otolaryngology/Facial Plastic Surgery

- ◆ 1st Place-Kristin W. Wheat and Libby J. Smith, DO, "Relapsing Polychondritis: A Rare Etiology of Dysphonia and Novel Approach to Treatment," Botsford Hospital, University of Pittsburgh Medical Center, Program Director Christine Lepoudre
- ◆ 2nd Place-John P. Hanna, DO, "Case Report and Review of the Literature: Laryngeal Ulceration and Hemoptysis Secondary to Alendronate," PCOM, Program Director Mahmoud Ghaderi, DO
- ◆ 3rd Place-Randy E. Durbin, DO, "Papillary Carcinoma in a Thyroglossal Duct Cyst with Concurrent Papillary Thyroid Carcinoma without Cervical Neck Metastases-A Case Report," Grandview Hospital, Program Director John Alway, DO

MEMBER NEWS



Carol L. St. George, DO

Dr. Carol L. St. George, of York, PA, was recently elected to serve on the Board of Trustees of the Pennsylvania Osteopathic Medical Association (POMA), a statewide organization for physicians holding the DO degree.

Board certified in otorhinolaryngology, Dr. St. George is an active staff member at Memorial Hospital of York and York Hospital. She also maintains a private practice in York.

A delegate to the POMA and the

AOA, Dr. St. George is past president of the York County Osteopathic Medical Society. She is a member of the Central Pennsylvania Society of Otolaryngologists and the AOCOO-HNS. She is a 2009 recipient of the American Biographical Institute's Women of the Year in Medicine and Healthcare Award and a member of the 2009 Global Directory of Who's Who publication.

Dr. St. George is a graduate of the Philadelphia College of Pharmacy and Science and PCOM. She completed an internship at Tri-County Hospital and surgical and otolaryngology residencies at PCOM.

Dr. St. George was elected a trustee-at-large during POMA's 101st Annual Clinical Assembly, held April 29-May 2, 2009, at the Valley Forge Convention Center in King of Prussia, PA.

Ralph Crew, DO and Brooke Geddie, DO

Written by Dr. Brooke Geddie

Dr. Ralph Crew has been training ophthalmology residents internationally for ten years. This year, he and his wife Kay took me, Dr. Brooke Geddie (senior ophthalmology resident from Metro Health Hospital in Grand Rapids, MI) to Benin, Africa.



We joined Mercy Ships, an organization that has been working in developing nations since 1978. The Africa Mercy is the largest non-governmental hospital ship with 400 long- and short-term volunteer crew (from forty different nations) including physicians, nurses, and support staff. The mission is to "deliver hope and healing to the world's forgotten poor." More than 7,000 surgeries including maxillofacial, ophthalmologic, vesiculovaginal fistula repairs, and general surgical procedures are performed on board each year. This well-equipped hospital ship has six operating rooms, with two of them dedicated to ophthalmologic procedures.

We joined long-term volunteer ophthalmologist, Dr. Glenn Strauss, for two weeks this past February, performing about 180 surgeries. Procedures included sutureless extracapsular cataract extraction, phacoemulsification, pediatric cataract extraction, pediatric strabismus surgery, pterygium removal, and lid and conjunctival



The experience, with a wide variety of clinical pathology and exceptional surgical volume, was especially rewarding for resident education. The direct supervision and training from an AOCOO-HNS fellow with international surgical experience was invaluable. The techniques I acquired are useful for surgery here in the United States,



and especially for practicing international ophthalmology in the future. A special thank you to Ralph and Kay Crew for their dedication to educate ophthalmology residents. Also thank you to AOCOO-HNS for the generous travel grant contribution to make this trip possible.

Update on the Sleep Medicine CAQ

By Donald M. Sesso, DO

The Bureau of Osteopathic Specialists (BOS), operating under the authority of the American Osteopathic Association (AOA), has developed an exam to recognize excellence among physicians who are specialists in sleep medicine. Those who qualify for and successfully pass the exam will be awarded a certificate of added qualification in sleep medicine. With the diligent efforts of the AOBO-HNS and our College, Otolaryngology will be included in the conjoint board of sleep medicine, which also includes the American Osteopathic Boards of: Internal Medicine, Neurology and Psychiatry and Family Medicine. The registration for this exam begins on May 15, 2009. Information regarding the application process can be found on the AOBO-HNS website (www.aoboo.org). The first exam will be

held in New Orleans, Louisiana on November 1, 2009 at the annual AOA meeting.

Our members will essentially be applying for this exam via the clinical pathway. This requires that a candidate completes 30 hours of CME in sleep medicine prior to the exam. In addition, all candidates must have read at least 200 polysomnograms (PSG) and 25 MSLTs or MWTs in the two years preceding the exam. All clinical requirements are listed on the AOBO-HNS website. Furthermore, all questions and requests for an application should be directed to our board.

The exam consists of 200 multiple-choice questions. All areas of sleep will be tested. The same exam is administered to all candidates regardless of specialty. Content will focus on case-based questions, rather than simple recall of facts. I presented suggested exam presentation materials at the Annual Clinical Assembly in Austin, Texas. For those who need this material, feel free to contact me via email. However, I would recommend studying the practice parameters listed on the American Academy of Sleep Medicine's (AASM) website. In addition, the AASM offers web-based learning and board review DVDs. Two courses in sleep medicine are being offered in the next several months. Although the preparation for the exam seems daunting, this will not be the final opportunity to become certified in sleep medicine. The exam will be offered every other year. However, 2013 will serve as the last exam in which a candidate can apply via the Clinical Practice Pathway. After 2013, all candidates must complete a 12-month formal fellowship in sleep medicine.

I would like to thank our board and college for helping Otolaryngology become part of this conjoint board, especially Ben Murcek, Mahmoud Ghaderi, Thomas Brandeisky, Alvin Dubin, Gary Slick and Brian Foresman. It is imperative that we maintain a presence in sleep medicine as a significant portion of our practices and patients are affected by these disorders. Furthermore, we are often the first to diagnose these patients. I encourage those of you interested in sleep to pursue this qualification. Please let me know if I can be of any assistance

INFORMATION FOR THE BOS 2009 CONJOINT EXAMINATION FOR CERTIFICATION OF ADDED QUALIFICATIONS IN SLEEP MEDICINE

Introduction

The Sleep Medicine program for Certification of Added Qualifications is developed by a conjoint effort of the American Osteopathic Boards of Family Medicine, Internal

Medicine, Neurology and Psychiatry, and Ophthalmology and Otolaryngology-Head and Neck Surgery. This program is designed to recognize excellence among physicians who are specialists in Sleep Medicine.

This information has been prepared by the AOA/BOS Boards participating in the conjoint examination for its Diplomates who are applying for examination in Sleep Medicine. The program will have two components:

- A. Satisfactory completion of training
- B. Successful performance on a comprehensive, one-day examination.

Requirement for Licensure—A valid, unrestricted license to practice medicine in a state of the United States is required of all candidates. A photocopy of the medical license in the state of the current practice must be submitted with the application. Candidates with restricted, suspended or revoked license in any jurisdiction at the time of application will not be admitted to the examination or be certified.

Substantiation of Clinical Competence—The application must contain substantiation of the Diplomate's satisfactory clinical competence in Sleep Medicine. This substantiation must be provided by the program director in the Sleep Medicine fellowship or by two references in a supervisory role over the applicant if applying via the Clinical Practice Pathway. One of the references must be by the CEO or Director of the Sleep Medicine Laboratory where the applicant has privileges.

Prerequisites

A. Training Requirement

Candidates must possess a valid certification certificate by their primary AOA Board and have completed a 12-month AOA approved fellowship in Sleep Medicine which was completed after July 1, 2008.

B. Clinical Practice Pathway

If applying via means of the Clinical Practice Pathway, the applicant must meet the following prerequisites:

1. 30 hours of CME in Sleep Medicine over the preceding 24 months prior to application for examination.
2. Possess privileges in a certified sleep medicine laboratory and be able to verify:
 - A. Interpretation of a minimum of 200 overnight polysomnographic (PSG) tests and 25 multiple sleep latency (MSLTs) and/or maintenance of wakefulness tests (MWTs) in the period of two years prior to application and verification that at least 30% of the applicant's clinical activity over the preceding two years has been dedicated to the practice of sleep medicine; or
 - B. Interpretation of a minimum of 500 overnight PSSGs and 50 MSLTs and/or MWTs during the candidate's career and verification that a portion of the applicant's clinical activity has been dedicated to the practice of sleep medicine with an accumulation of one year of full-time

activity achieved over the preceding five years.

3. Applicants who have met requirements 1-2 above and are certified by the American Board of Sleep Medicine and provide a minimum of 15% of the items for the first exam administration will be granted certification for the period of time remaining on their current certificate but not to exceed five years. Recertification will be required thereafter to maintain certification.

Dates—The date of the Sleep Medicine Examination is November 1, 2009. A letter requesting to sit for the Examination must be submitted to the applicant's primary certifying Board during the registration period, which will begin June 1, 2009 and end August 1, 2009. The completed application must be submitted *in toto* no later than August 1, 2009. Any applications postmarked after August 1, 2009, will be assessed a two hundred dollar (\$200.00) late registration fee. No applications will be accepted after September 1, 2009. All candidates who have submitted their application prior to the deadline will be notified whether or not they have been admitted to the examination prior to September 1, 2009.

Fees—The application/examination fee of \$1,200.00 must be submitted no later than August 1, 2009. There is a nonrefundable fee of \$100.00 for withdrawals prior to July 1 and \$250 for withdrawals between July 2, 2009 and August 1, 2009. No refund is granted for any withdrawal postmarked after August 1, 2009.

Address Changes—Registered candidates must notify their Board office, in writing, of any change in address prior to or after the Certifying Examination. Candidates will be responsible for the cost of a duplicate certificate which has been lost and not returned to the Board, when the mailing address was not the current updated address of the candidate.

Location and Time of Examination—The examination will be held on November 1, 2009 at the Hilton New Orleans Riverside Hotel, 2 Poydras Street, New Orleans. The examination session will begin at 8:00 a.m. and conclude at 1:00 p.m. All candidates must report to the examination room no later than 7:30 a.m.

Hotel Accommodations—The examination will be held in conjunction with the annual AOA Convention in New Orleans. To reserve a room you must register through the AOA Convention hotel reservation process. The AOA will be sending all AOA members materials for room reservations.

Instructions for Completing the Application Packet—Please read all of the following information carefully before completing the application form. All of the items on the application forms must be filled out completely or your application will not be accepted. The application form must be printed or typewritten.

All supporting documents to be submitted with the application are clearly delineated on the enclosed instruction sheet for all applicants.

Acknowledgment of Acceptance—All candidates whose applications have been accepted will be notified by September 1, 2009. Each accepted candidate will be issued an examination admission letter which is to be retained and submitted to the proctor at the time of the examination.

Copyrighted Materials—The Sleep Medicine examination is confidential and copyrighted under the Federal Copyright Act. Candidates agree not to copy, reproduce, reconstruct by dictation or other means, or disclose examination content in any manner.

Scoring and Results—Your final score is determined by the number of questions answered correctly. There is no penalty for guessing. The minimum passing score reflects an absolute standard developed by the AOA Boards participating in this conjoint examination. After the exam is given, it will be psychometrically analyzed and evaluated to ensure the reliability of individual results. Your results will be released, and a score report will be mailed to you within 90 days of the date of the exam. Scores are provided through the mail only. Copies of your score report will be maintained for one year from the date they were released. During that period, you may obtain a duplicate copy of your score report upon written request and a fee of \$25.00. Questions regarding exam results and any appeals of the examination must be submitted in writing within 30 days of the date results were released.

THE EXAMINATION:

General Description—This examination will be a proctored five hour examination consisting of multiple-choice questions of the "one best answer" type. There will be a total of 200 items on the examination. The Sleep Medicine Examination will cover the broad aspects of Sleep Medicine that specialists practicing in the field are expected to know. The examination will assess the candidates knowledge and clinical judgment in aspects of Sleep Medicine required to perform at a high level of competence. The examination will include, but will not be restricted to:

Fundamentals of sleep including basic sciences related to sleep (physiology, neuroanatomy, etc.), sleep-wake cycles and stages, biologic rhythms, and dreaming; polysomnographic interpretation and scoring including interpretation of PSGs, portable PSGs, MSLTs, and MWTs and assessment of oximetry; technical aspects of operations of the sleep lab including scoring sleep and sleep-related events, scoring MSLTs, performing technical setup and initiation of studies, formal review of sleep-related testing, use and limitations of computerized PSG equipment including transducers and oximeters, administration of oxygen in the laboratory, techniques of application of CPAP/bi-level

PAP, and calibration and operation of PSG recording systems; diagnosis/differential diagnosis/treatment/management/follow-up of sleep disorders including insomnia, sleep-related breathing disorders, hypersomnia of central origin, circadian rhythm disorders, parasomnias, sleep-related movement disorders, isolated symptoms and apparently normal variants, and other sleep disorders; differential diagnosis of sleep disorders by age including pediatric, adolescent, adult and geriatric age groups; interpretation of pulmonary function testing, imaging procedures, esophageal pH monitoring; sleep center management, ethics and public policy including organizational structure of sleep laboratory, medical director responsibilities, medical record and regulatory requirements of a sleep laboratory and its personnel, sleep laboratory accreditation standards, sleep laboratory policies and procedures, instruction to technicians, published Practice Parameters, and ethical principles of sleep laboratory management.

Certificates

Those who passed the examination will receive a Certificate of Added Qualifications in Sleep Medicine by their primary Board. All certificates will be time-limited and will be valid for ten (10) years from the date of certification. The diplomate must maintain a valid certification certificate in their primary specialty or subspecialty in order for the certificate of Added Qualifications in Sleep Medicine to remain valid. The Sleep Medicine Certificate will become invalid the date that the diplomate's primary or subspecialty certificate becomes invalid. The Certificate of Added Qualifications in Sleep Medicine will be awarded after the AOA Bureau of Osteopathic Specialists gives final approval of the examination process for each candidate. This approval process will take approximately six months following the notification of successful completion of the examination. On written request and payment of a fee of \$200.00, candidates may obtain rescoring of the examination within a year of receiving the results. The answer sheets of candidates will be destroyed thirty-six months after administration of the examination.

Preparation

The Board can make no specific recommendation about study methods, review courses, etc., to prepare for the examination; however, extensive self study of Sleep Medicine in texts and journals and participation in continuing medical education programs and review courses in Sleep Medicine should be useful.

Ophthalmology Opportunities

COLORADO

- Established Ridgway, Colorado integrative medical clinic seeks doctors/practitioners to complement our coalition of independent professionals offering comprehensive, personalized holistic health care. Stellar reputation, spectacular setting, superb quality of life—973-626-9877.

KENTUCKY

- Excellent opportunity to join a solo ophthalmologist, desiring to slow down. Opportunity for partnership after one year. Competitive salary and benefit package. Brand new office equipment. New office building. Associate with optometrist. New hospital with state-of-the-art

FLORIDA

- Seeking ophthalmologist w/w/o glaucoma fellowship. Alternate call for hospital ER with Trauma Center. No glaucoma trained doctor in the area. Call 772-979-0850 or email Joe Morgan, DO at joesocrates@aol.com. Ft. Pierce, FL

MICHIGAN

- Ophthalmologist wanted to join growing practice in Big Rapids, Michigan. Guarantees salary, opportunity for partnership. Please contact Ralph Crew, DO., 2310796-0010 or email: ralphcrew@hotmail.com.

NEVADA

- Established otolaryngology/ophthalmology practice seeking BC/BE ophthalmologist to compliment group. The practice has three state-of-the-art offices in Henderson and Southwest Las Vegas Valley. All offices are located in community oriented high profile areas with one of the offices adjacent to the Seven Hills Surgery Center and the new Southwest office, located next to the new Southern Hills Hospital. Practice partnership and ASC opportunities available. Contact Judy Duncan at jduncan@nveyepa.com or 702-492-6928.

OHIO

- Excellent anterior segment/glaucoma surgeon needed for group practice in Maumee, Ohio. Practice in a new state-of-the-art facility and ambulatory surgery center with all amenities. Salary plus incentive with buy-in after two years. Send CV to Ronald M. Kendrick, DO, 3509 Briarfield Blvd., Maumee, Ohio 43537. Phone 1-800-782-9214, FAX 419-865-3451.

PENNSYLVANIA

- Opening in a busy ophthalmology practice. Contact: Jane Kokinakis, DO, office # 800-845-8424.

WEST VIRGINIA

- Glaucoma specialist wanted. Join a team of two ophthalmologists and one optometrist bringing high quality care to Southern West Virginia. Best equipment available. Starting salary up to \$250,000.00. Shape your own practice but surgical opportunities are limited only by your skills. Contact mkrasnow@marshall.edu or call Bettie Chapman at 304-697-0393.

WASHINGTON

- OPH wanted in beautiful Washington State. Opportunity for someone interested in aggressively expanding a practice, or someone interested in working half-time and sharing the practice. A new DO medical school is being built in Yakima. There is opportunity for any level of participation. Hospital owned ASC with all new equipment. Call Dr. Leo Figgs 509-952-8545.

Ophthalmology Fellowship MARYLAND

- NRI fellowship program at the National Retina Institute offering hands-on opportunities to home diagnostic and surgical skills as a vitreoretinal specialist with a large patient base in the Baltimore-Washington-Virginia area. Contact Ruth Zeller via rzeller@bmgmri.com or call 443-921-4154.

OHIO

- Refractive fellowship position available,

LASIK Plus, Cincinnati, Ohio. Contact Vincent Marino, DO at 513-652-9585 or email marino@fuse.net.

NEW LOCATION

- University Eye Surgeons has moved: 5187 US Rt. 60, Suite 6, Huntington, WV 25705—304-691-8800. Have 10,000 sq. ft. including 2 surgery suites, 11 exam lanes and the most up-to-date technology. The staff includes 3 ophthalmologists and 1 optometrist. Dr. Parveen Nagra is subspecialty trained in cornea and Dr. Krasnow is fellowship trained in glaucoma. University Eye Surgeons is a division of Marshall University School of Medicine. Students are welcome to rotate in this facility.

Otolaryngology Opportunities

ALASKA

- ENT wanted. Kenai Peninsula, S.W. of Anchorage. Excellent salary and benefits. Call or email: James Zirul, DO, 220 Spur View Drive, Kenai, AK 99611, call 907-283-5400, email jzirul@acsalaska.net.

ARIZONA

- 320 days of sunshine per year! Become part of a busy, expanding otolaryngology/head and neck/facial plastic surgery practice with full audiology services in the metropolitan Phoenix area. Seeking a BC/BE associate with early partnership opportunity to join our successful team. Competitive salary and benefits. Attractive lifestyle. Please contact Dr. David Mendelson (480) 894-5550 or fax CV to (480) 894-9469 or email to info@entsoa.com.

ARKANSAS

- Cooper Clinic of Fort Smith is seeking 2 BC/BE otolaryngologists to join this expanding department in a physician-owned multispecialty clinic. Exceptional earning potential with a competitive package including a two-year guaranteed of \$350K/yr, malpractice/health/dental/disability/life insurance plus moving allowance, 401K and ASC profit sharing from the start. Eligible for partnership after two years with NO BUY-IN. The community has many cultural and outdoor activities, quality schools and family-oriented atmosphere. Contact Christopher Greer, DO at 479-478-4800 or cgreer@cooperclinic.com.

CALIFORNIA

- Unique opportunity in private practice for well-trained BE/BC physician in general otolaryngology or subspecialty in this premier coastal community north of Los Angeles. Office is fully equipped. Includes audiology, sound booths and HAD dept. Adjacent to Outpatient Surgi-Center and area's major hospital. For more information, contact Joseph DiBartolomeo, MD, 2420 Castillo Street, Santa Barbara, CA - 805-563-1111, or email: dibartolomeomd@aol.com.

COLORADO

- Dr. Patrick Henderson is looking for an otolaryngologist to join established practice in beautiful Montrose, CO. Small and growing community at the base of San Juan mountain Range. Within 1 hour drive of Telluride Ski Resort, hiking, trophy fishing, mountain biking and camping facilities. Town of Montrose is top 10 growing communities in the nation with abundant sunshine for outdoor enthusiast. Call office (970) 249-6968 or email coentpc@frontier.net.
- Established Ridgway, Colorado integrative medical clinic seeks doctors/practitioners to compliment our coalition of independent professionals offering comprehensive, personalized holistic health care. Stellar reputation, spectacular setting, superb quality of life—973-626-9877.

FLORIDA

- Central Florida Otolaryngology group is recruiting BC/BE otolaryngologist to join rapidly expanding practice. Two clinic sites, Leesburg and The Villages and our main OR site has accreditation from AAAASF. We have four BC ENT physicians, one of which is BC in Facial Plastic & Reconstructive Surgery. We have an Allergy department

and complete audiology services with two doctors of audiology and a BC hearing aid specialist on staff plus electronic medical records. We offer good schools with a suburban lifestyle in beautiful Lake County. Excellent salary with partnership anticipated. Contact info: michelle.lakeent@earthlink.net or call 352-728-2404.

- ENT job opportunity located in Ocala, Florida, one hour north of Orlando. Practice is looking for BC/BE general ENT/facial plastic surgeon to join group of 3 general ENT's. Contact Dr. Scott Nadenik, cellular 352-2741570.

GEORGIA

- General ENT needed in Atlanta. Immediate opening or 2010 position. Private practice in 2 person group. Full benefit package. E.R. call 1:5 weeks. Fax resume to Hailey McIntyre 678-838-7454.

MASSACHUSETTS

- Work in the heart of beautiful New England. Extremely busy practice in North Central Massachusetts seeking associate. Currently one physician doing all aspects of general ENT. Shared call with three others. Community hospitals. This is an excellent opportunity with close proximity to mountains, beaches, and Boston. Contact Dr. Daniel Ervin at (978) 874-7368.

MICHIGAN

- Northwest Michigan practice opportunity. A busy 2 physician practice seeking BC/BE ENT to join practice affiliated with 2 community-based hospitals. For further information contact Andrew Mendians, DO at 231-843-6557 or mendians@voyager.net.
- Wanted: ENT associate to join busy 2 office practice with 1 in 6 call. Unique opportunity for new graduate to work into a busy practice with fast track to partnership. In Mid-Michigan with easy access to northern Michigan outdoor activities. Contact R. Borenitsch, DO at rborenitsch@hotmail.com.
- Detroit Medical Center is looking for a general otolaryngologist. Large referral base; major urban academic medical center; new residency program for support. If interested, please contact Dr. David N. Madgy at 313-745-5402.

OHIO

- Seeking an otolaryngologist for position/ownership in an established practice located in Troy, OH. The practice has a well established patient base in Otolaryngology, Allergy and Facial Plastics. The practice has been in this location 20+ years. If interested, please contact Deborah or Georgia at 937-335-7278 or fax to 937-335-1783.
- ENT BC/BE needed in Newark, OH thirty minutes east of Columbus. Need an additional solo practice physician, 167 hospital undergoing continual upgrading. Additional information can be obtained by calling Michael Ehler at 740-788-6010.
- Fabulous opportunity. 36-year-old otolaryngology practice in Stark County, Ohio offering excellent salary benefit. Office fully equipped for allergy and audiology. If interested, please contact Dr. George Vogelgesang at 330-837-3559 or email: drgww@hotmail.com.

- Excellent opportunity to become part of a thriving ENT practice in Cincinnati. Seeking BC/BE associate to join busy practice. Exceptional earning potential and early partnership opportunity. Large referral base. Two base offices with 2 satellites. Office fully equipped and 2 full time audiologists on staff. Contact Beth Sears, 513-891-7800 or email bsears@montgomeryent.com.
- Excellent opportunity in the friendly Midwest for a BC/BE otolaryngologist. Immediate opportunity for a well-established, thriving 2 physician MD/DO practice. Full scope of general ENT and hearing aid dispensing. Extraordinary benefits package, highly competitive salary, early partnership opportunity, ASC ownership available, income is unlimited. Email CV to Karen Brown at Karen.brown@khnetwork.org or call 800-891-0102. Or contact Gordon Katz, DO at 937-416-1806.

OKLAHOMA

- ENT attending physicians needed. Sign on

bonus, salary income guarantee, one hospital coverage, working with Oklahoma State University Medical Center residents. Please call for details: Dr. Sammy Worrall—918-527-4673; Dr. Mindi Bull—918-361-4877; Dr. Richard Huffaker—918-408-5194.

PENNSYLVANIA

- Suburban Philadelphia—4 physician otolaryngology practice looking for highly motivated ENT. Practice includes all phases of otolaryngology, head and neck surgery, otology and allergy. Competitive salary, bonus and benefits, partnership track. Contact Benjamin Chack, DO, 215-280-6993.

- Excellent job opportunity in Chester County, minutes from Philadelphia. Very busy 3 physician ENT practice seeking an additional BC/BE otolaryngologist to join our practice. Unbelievable opportunity for early partnership. Contact Alex Keszeli, DO, at 484-437-8745.

TEXAS

- ENT practice opportunity in Corpus Christi. Large group, full practice with speech, audio, balance center, C.T. MRI and surgery center. Need two ENT and one neuro-otologist. Con-tact Troy Creamean, DO at 361-854-7000.

WASHINGTON

- Practice opportunity in the beautiful northwest. Seeking associate in general ENT and proficiency/interest in FPS, otology and allergy desirable. New Osteo. Med. School to open fall 2008 with op. for ENT academic position in addition to private practice. Merging two separate ENT groups to form a single group by 2008 that serves 300K regional patient draw with a current ENT manpower shortage. Strong and respected D.O. community, two hospitals and two ASC's. Contact: Palmer Wright, DO, 3999 Englewood Ave. #201, Yakima, WA 98902, 509-453-5300 or email palmer@yvn.com.

Otolaryngology Fellowships

FLORIDA

- 1-year clinical fellowship in otology-neurotology starting July 1, 2009 at the Ear Research Foundation/Silverstein Institute, Florida. Extensive hands-on surgery, research and patient care including chronic ear cases and surgeries, otosclerosis surgery, menieres disease, minimally invasive surgery, Cochlear implants, implantable hearing devices and acoustic tumors. Large temporal bone lab and medical library. Contact Herbert Silverstein, MD via jmoss@earsinus.com.

MICHIGAN

- Training program in otolaryngic allergy as a one year continuous or two to three year interrupted, program at St. John Oakland Hospital in Madison Heights, Michigan under the direction of Donald M. Rothen, DO. This program became effective July 1, 2001 and is approved by the AOA for three positions. To be eligible, the candidate must be certified in otolaryngology. For further information, please contact Dr. Rothen at 248-541-0100 or email rothenph@hotmail.com.
- Pediatric otolaryngology fellowship available at Children's Hospital of Michigan in Detroit, MI, July 2008. Please contact Dr. Michael Huppert or Dr. David Madgy at 313-745-5402.

NEW YORK

- Pediatric otolaryngology fellowship starting 2004, 2005, 2006 at the Women & Children's Hospital of Buffalo. Exceptional opportunity for a 1 or 2-year fellowship covering all aspects of pediatric otolaryngology including complex otolaryngology, cochlear implantation, treatment of vascular birthmarks, laser surgery, airway management, maxillofacial trauma, facial plastics and sinus surgery. Clinical and basic science research is encouraged. Practice has five fellowship-trained pediatric otolaryngologists. Address inquiries to Philomena Behar, MD, email: pmbear@aol.com.